



STROKE PLAY

Apparatus :

- 2 balloons of different colours
- 1 old notebook with a hard cover or a thick paper-board of the size of a notebook
- 1 foot-long scale (wooden, plastic or metal)

Be ready to play:

Before you begin, switch off the fan in the room. If there is a draught from the window, close the window.

Keep the old notebook or the notebook-sized paper-board on the table. Beside it, keep the scale we use in the school.

Now take the two balloons and blow them.

Let's say, one balloon is red and the other is blue.



Now let's play:

Hold the red balloon in your right hand and the blue balloon in your left hand. You have to keep the two balloons in the air. How?

That is the game.

First throw the red balloon in the air. Quickly pick up the notebook with your right hand and tap the balloon up gently with the notebook so as to keep it in the air.

Now throw the blue balloon up in the air. Pick up the scale with your left hand and tap the blue balloon up gently with the scale so as to keep it in the air.

The notebook in your right hand is hard and rectangular. You have to learn how to hold it properly and how to strike the balloon.

You hold a scale in your left hand and you have to learn to strike the blue balloon in a particular angle so as to push the balloon up and not away.

The notebook and the scale have different sizes and different weights. The challenge in this game is to maintain proper distance when you strike the balloons and to maintain proper force in the strike.



You are out if :

- A balloon falls to the ground.
- The notebook touches the blue balloon or the scale touches the red balloon.
- You drop either the notebook or the scale.
- You move the notebook or the scale from one hand to the other.

The winner will be the one
who keeps his balloons in the air
for the longest time.

More fun :

- Try playing this game with the scale in the left hand and the notebook in the left hand.
- Try playing the game with two sticks of different lengths.

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