



## BMM Yuva Vani Newsletter July 2021

### My First Job

By Shlok Deshpande



**Hello,** my name is Shlok Deshpande. I live in Naperville, Illinois. I am eleven years old and I already have a job. Now, this job doesn't really make sense unless you start from the beginning.

From a very young age I loved animals. Dogs, cats, dolphins and more. But I never had a pet. Everyone I met had a dog or cat or fish and someone even had a lizard!

So one day I asked the question. "Mom," I said, "Can we get a dog?" "No," said my mom, "our house is too small." What I didn't know was that wasn't the reason. The real reason was my parents were afraid of Dogs. A few years later, when I was seven, we moved into a bigger house. This time my mom told me she was afraid of dogs.

My neighbors, in this new house, had two dogs. So once my parents got used to the dogs, by the time I was ten I asked the same question again. But this time I also had made a whole powerpoint presentation. I was expecting a "no" but instead my parents said, "Once you are thirteen you might be responsible enough to take care of a dog." I was so happy when I heard that..

Over the Covid- 19 period I walked my neighbor's dogs. I think they saw how good I was because over this summer they asked me to walk their dogs as a summer job. This was a triple win for me. I got practice walking the dogs, my parents got practice with the dogs, and I got paid!

Day one of walking the dogs was not fun. I was sick that day so it took a lot of energy. Also picking the poop and carrying it in a poop bag was the tough part for me. But I got used to it on



day two. When it came to my paytime, my neighbors gave me thirty dollars! I wasn't expecting that much. I thought I would only be getting five or six dollars. So I only accepted ten dollars and returned back twenty.



Now I feel like I have a regular job and I can be asked to walk the dogs anytime. I am thinking, maybe I can convert this into a business someday, and walk more of the neighborhood dogs?

In summary, I will say I am happy with my first job and the way I got it. I will save money from this and contribute to getting a dog when I am thirteen.

## How the Delta Variant can affect Americans

By Krish Mehta



**CDC Director**, Rochelle Walensky, has said that the Delta variant for the coronavirus could be a dominant and deadly strain in the United States, and could lead to a second lockdown.

Initially, this variant started in India, but now Walensky has warned that this same variant could spread fast in the United States just like it is in India, unless everyone is fully vaccinated as soon as possible. Around 45 percent of the population in America are fully vaccinated, a number that is steadily rising. But with this new variant, a good amount of people who aren't fully vaccinated will be affected harshly, and news as to how to treat this other variant isn't out yet. This variant has been seen in around 80 countries around the globe, according to the World Health Organization. Meanwhile this variant has already been seen in around 41 states in the United States.



When viruses mutate, they gain more advantages over the other variants, and in this case the variant is more transmissible. The main concern is that if the Delta variant mutates to a point where it can negate the effects of the current Covid-19 vaccines, which could possibly lead to a second breakout, just more deadlier. While most vaccines hold, there have been a few breakthrough cases already, where the variant evades the vaccine. However, President Biden has currently stuck with his decision to not go into lockdown, but if the number of vaccinated people doesn't go up by a lot, his decision might alter.

Overall, what this means for us is to get fully vaccinated as soon as possible, and if you're not fully vaccinated, keep masks on wherever you go in public places.

## DIY Summer Skin Care Routine To Follow To Look Your Best

By Siyona Pawar



**Skin Care** routine to look your best this summer are as below:

With summer already at our doorsteps, some of us may have already invested in expensive creams and skin supplements, which is okay! But it is always wise and more effective if and when you follow a proper skin care routine.

Here I have for you all some DIY Summer skin care routine which will save a lot of your money and also protect you from unnecessary skin damage from harmful chemicals.

- Keep Your Skin Hydrated by drinking lots and lots of liquid drinks such as water , fresh fruit juices , coconut water and anything homemade.
- Face Wash to Remove Excess Oil. In summer, oily skin can get more oily.
- Cleansing by milk.



- EXFOLIATE DEAD CELLS by just sugar and lemon juice.
- Moisturize by coconut and almond oil.
- Rice water acts as a natural toner.
- Few homemade mask for Natural Glowing Skin are:
  - Coffee + Lemon. Lemon is known for its rich Vitamin C content which helps in brightening the skin, while coffee is a great exfoliator...
  - Strawberry + Lemon + Yogurt...
  - Honey + Egg...
  - Aloe Vera...
  - Turmeric Mask...
  - Honey + Yogurt...
  - Orange Juice + Turmeric...
  - Sandalwood + Almond Oil...

Avoid Heavy Makeup and take a good 7- 8 hours of sleep will do wonders for your skin.

*Tip : Coconut oil acts as a sunscreen lotion so give it a try and use it.*